



Alzheimer Society
LONDON AND MIDDLESEX™

 **U-First!**
(a 6-hour program)

Where & when is it?

Alzheimer Society London and Middlesex, 435 Windermere Road, London

Tuesday, October 29th **OR** Monday, December 9th, 2019 8:45 am – 4:00 pm

Learn More or Register Online at <http://u-first.ca>

Who should attend?

Health care professionals (Social Workers, Nurses, Personal Support Workers, etc.) working with those living with Alzheimer's disease or other dementias.

What will you learn?



- How to provide the best possible care for individuals with Alzheimer's disease or other dementias in acute care, care facilities or in the community
- How to meet their emotional and physical needs
- How to understand and support individuals with Alzheimer's disease or other dementias
- How to work as a team to develop individualized support strategies

What is the cost?

The cost for the 6-hour program is \$75, which includes light refreshments, workbook and U-First! Certificate.

For more information, contact:

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www.alzheimerlondon.ca/for-health-professionals/

**U-First will be offered based on a minimum number of 6 registrants*