

# ATTENTION!

## CARER EMERGENCY CARD

**Someone relies on me to look after them.**  
PLEASE READ THE INFORMATION ON THIS CARD  
in the event of my illness or an accident.

### I AM A CARER:

My name is: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Tel: \_\_\_\_\_

### I CARE FOR:

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Tel: \_\_\_\_\_

### EMERGENCY CONTACT #1:

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Tel: \_\_\_\_\_

**EMERGENCY CONTACT #2:**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Tel: \_\_\_\_\_

**EMERGENCY CONTACT #3:**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Tel: \_\_\_\_\_

**ABOUT THE PERSON I CARE FOR:**

\_\_\_\_\_

\_\_\_\_\_

Medication: \_\_\_\_\_

\_\_\_\_\_

**IMPORTANT PHONE NUMBERS:**

Doctor: \_\_\_\_\_

Fire, Police, Ambulance: \_\_\_\_\_

Other: \_\_\_\_\_

This card was adapted from the *Carer Emergency Card*  
produced by **The Princess Royal Trust Falkirk Carers Centre**