

In-Home Recreation Volunteer

DESCRIPTION OF PROGRAM

In-Home Recreation offers a recreation and leisure assessment with a Certified Therapeutic Recreation Specialist (CTRS) to create personalized activities for clients living with dementia. After the development of the personalized plan, the CTRS will provide a carefully selected volunteer, who has completed specialized training and rigorous screening, to facilitate the activities and provide social and cognitive stimulation to the client through ongoing weekly visits. This program will also empower care partners by teaching a variety of activities, educational opportunities and support in the comfort of their own home.

VOLUNTEER ROLE DESCRIPTION

In Home Recreation Volunteer

Objective:

- To assist the person with Alzheimer's disease or other dementias (ADOD) and their families by providing companionship for the person, delivering client-specific recreation interventions to stimulate memory, confidence and overall quality of life, and providing relief for the caregiver.

Supervisor:

- Social Recreation Coordinator and Manager of Volunteer and Social Recreation Services

Time Commitment:

- A minimum of 1-2 hours per week for 8 months.

Skills/Abilities:

- 19 years of age or older
- Creative in adapting to the needs of the person with dementia.
- Caring, compassionate and patient.
- Good active listening and communication skills.
- Ability to work independently.
- Ability to accept direction and to ask for help when needed.
- Reliable and dependable.
- Sensitive and non-judgmental.
- Good health and grooming.
- Car is helpful, but not required.

For more information contact:

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