

BRAIN MATTERS WEBINAR SERIES – AGEISM & DEMENTIA (FEBRUARY 16, 2021)

WEBINAR RESOURCES

Laura Tamblyn Watts

CanAge <https://www.canage.ca/>

CanAge **VOICES** of Canada's Seniors: A Roadmap to an Age-Inclusive Canada

<https://www.canage.ca/voices>

S- Social Inclusion

Issue #38: Address and Reduce Ageism

Recommendation #125: Reduce Workplace Ageism

Recommendation #126: Ageism in the Media

Recommendation #127: Canadian Anti-Ageism Campaign

Recommendation #128: Age-Inclusive Communities

C - Caregiving, Long-Term Care, Home Care, and Housing Resources

Issue #26: Home Care

Recommendation #91: Transform the Current "Home Care Worker" Model, with an Integrated Multi-disciplinary Team Model of "Care at Home"

Recommendation #92: Increased Quantity, Quality, and Types of Care at Home

Issue #21: Family Caregiver Supports

Recommendation #71: Change the Caregiver Tax Credit to a Refundable Tax Credit

You can join CanAge for free at: www.CanAge.ca/join

Dr. Nathan Stall

<https://www.nature.com/articles/s43587-020-00004-4> (Creating an anti-ageist healthcare system to improve care for our current and future selves)

<https://www.theglobeandmail.com/opinion/article-covid-19-isnt-the-only-thing-thats-gone-viral-ageism-has-too/> (COVID-19 isn't the only thing that's gone viral. Ageism has, too)

<https://www.cbc.ca/radio/thecurrent/the-current-for-nov-27-2020-1.5818984> (CBC, The Current – quote from Dana Tizya-Tramm, chief of the Vuntut Gwitchin First Nation, "Our elders are our greatest resource")

https://www.va.gov/Geriatrics/pages/Medical_Foster_Homes.asp (What is a Medical Foster Home?)

NIA report:

https://static1.squarespace.com/static/5c2fa7b03917eed9b5a436d8/t/5fd10658e9ed0b03e36cde7b/1607534169740/BringLTCHome_V2.11.17%284%29pdf.pdf (Bringing Long-Term Care Home)

David Harvey

<http://www.dementiadialogue.ca/> (Podcasts, additional resources)

[COVID-19: Stigma and Neglect of People Living with Dementia](#) (Article: COVID-19, stigma and the scandalous neglect of people living with dementia)

<https://brainxchange.ca/Public/Events/Archived-Webinars-Events/2020/Ageism%E2%80%99s-influence-on-how-older-people-are-viewed> (Ageism's influence on how older people are viewed and how they view themselves)

<https://brainxchange.ca/Public/Events/Archived-Webinars-Events/2020/Challenging-Stigma-of-Dementia> (Challenging Stigma of Dementia)

Book: For This I am Grateful: Living with Dementia, by Christine Thelker

Book: Dementia Strategies, Tips and Personal Stories, by Myrna Norman c/o the.normans@shaw.ca

